



RECOVERY COACH PROGRAM

Recovery Coaching is here!

We are pleased to announce that the Maine Alliance for Addiction Recovery (MAAR) is offering a new program in the state called the Recovery Coach Program that will provide support for people wanting to begin recovery or who is in recovery.

What is a Recovery Coach?

A Recovery Coach is a peer who has direct experience with alcohol and/or drug addiction recovery and who completes training to provide an array of services. The Recovery Coach meets with a person to help them find community based support and resources so that they may strengthen their recovery and improve their quality of life in many areas.

Who is helped by a Recovery Coach?

Coaches work to support someone who is just starting out on their recovery journey or who might be in recovery already but in need of specific help to sustain their recovery efforts.

This 30 hour training is being offered FREE of charge.

The Recovery Coach manual will be included.

You will responsible to bring your own lunch and snacks.

WHERE: Tri-County Mental Health Center

Mural Room 1155 Lisbon St Lewiston, ME 04240

WHEN: Monday September 30th, Tuesday October 1st, Wednesday 2nd and Monday 7th and Tuesday 8th

Time: Daily 9:00am to 4:00pm

Contact Darren Ripley at dripley@masap.org or call 458-4366 for more information

